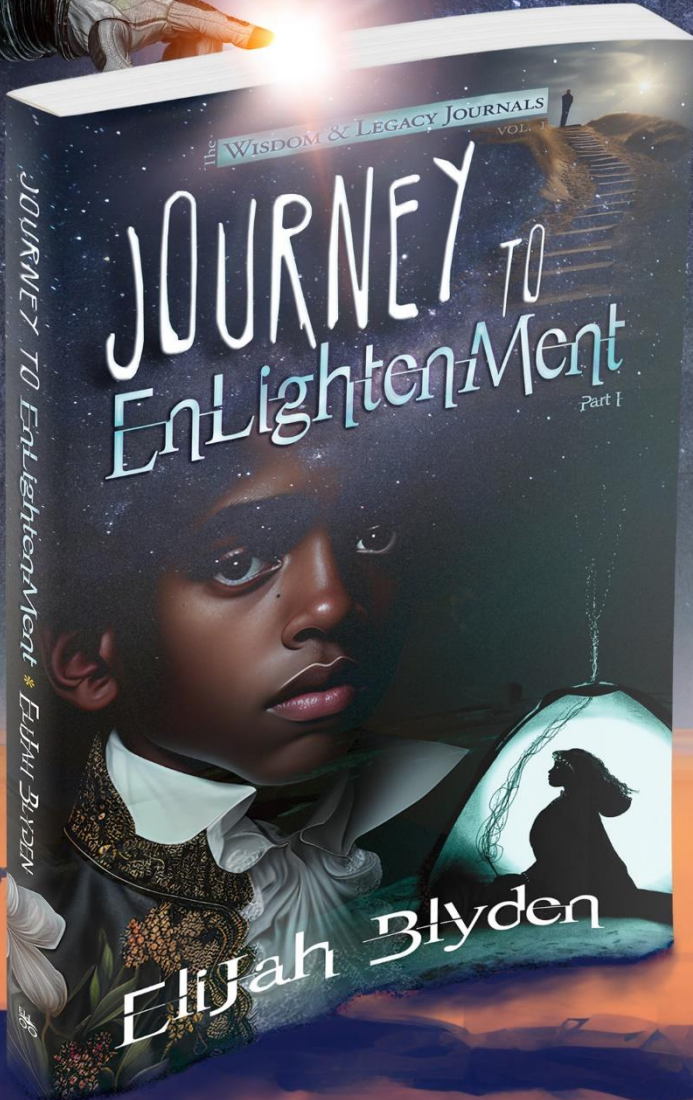


From The
WISDOM & LEGACY JOURNALS

IT IS TIME



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Real-short-true-stories of a lost hybrid-boy becoming an honorable brown man in America – spanning from the 1970s and 80s, to the 21st century. Creatively written with pockets of humor, trauma, love, and wisdom.

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In a trilogy, he has gathered the experiences that made impressions upon his life to make an impact on the heart and soul of his readers.



Elijah, is a well-established book publisher in the Tampa Bay Area. He publishes this edutainment series, his breakout book, after a nearly fatal car accident. Taking a leap into the ocean of authors that he has help to populate. As a humanitarian, he buys time to enjoy reading, collecting literature and giving away books.

Mr. Blyden is an artist himself, lover of creation and supporter of fellow creators on multiple levels.

Elijah Blyden Sr. was born to the Earth, by way of the U.S. Virgin Isles and a citizen of the United States of America. He is far from perfect, but speaks to the World about *The Way*.



www.EliJahBlyden.com

Category: Motivational, Inspirational, Metaphysical, Spiritual, Philosophy, Series, Coming of Age, Memoir

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TOGETHER...

We Rise and Raise the Vibration of Humanity with
EI: Emotional Intelligence.

– EliJah Blyden Sr.

The WISDOM & LEGACY JOURNALS
VOLUME I

JOURNEY TO
EnLightenMent

Part I

**The Wisdom & Legacy Journals | Volume 1
– *Journey to Enlightenment* | Part I**

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To:
The Infinite Generations of Light who
came before and will come after me,

*May You Know
The Way and Be Well.*

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Prelude

It was good fortune to have been born to a loving and intelligent woman who trained her children to love self, respect the planet, and honor GUS (God/Universe/Source). She educated and framed the consciousness of her children before secular systems had a chance to direct our mentality. Mother also filled us with self-respect, spirituality, and strength of character.

It's that foundation and formation that gave me the love and passion for words and creation—big and small, male or female, physical and spiritual—alike. That passion haunts day and night; beckoning me to play my part in making this world a better place to live. There's a fundamental vision that projects on to the movie screen of my mind with images of Earth as paradise for all to share and be mindful stewards of. After all, we humans have the capacity to use vision, will, motivation, and leadership to do whatever we, collectively, direct intention and attention on.

So, my plan is to reach toward the manifestation of the vision by:

1. Writing and publishing entertaining stories of inspiration, love, power, and laughter to all of man and mankind.

2. Applying wisdom and insight in my everyday life and hoping that you will do the same.
3. Making connections with you and brightening the essential light of our being with my stories and philosophies.

Maybe ... just maybe, it will propel us, with Godspeed and purpose, to the realization of the vision.

The WISDOM & LEGACY JOURNALS
VOLUME I

JOURNEY TO EnLightenMent

Part I

written by: EliJah Blyden

Introduction

Magnificent creatures—we are! Born with great gifts like flesh, curiosity, and the ability to create or replicate sound, movement, energy, and attitudes – to say the least. Many of us were born to parents and siblings, most of whom love us, yet all imperfect. There is where our foundation is laid. And so, habits (negative and positive), mannerisms, languages, and fundamentals are developed. We go on to adapt, make friends, and consume media, which add to thought-patterns and mindsets.

Then spend a life-time unraveling and searching for answers to it all. But some say there may be better ways to utilize our time, and many options for the open-minded seeker of life's Divine connection.

That being said, I'd like to offer, to you, an invitation to an expedition that spans my lifetime. Will you accompany us for an entertaining and enlightening saga of a rich soul in a castle composed of soil? We'll dip through the ghettos of Jersey and backstroke in the turquoise beaches of the Virgin Isles.

With each chapter laid out in short-story format, followed by *My Philosophy* and affirmations. I'll share

Journey to Enlightenment – I

an occasional laugh, poetry just for *shits & giggles*, and make moments last a lifetime.

This series is entitled, *The Wisdom and Legacy Journals*. So, let's start by getting into the word "Wisdom" and what it means to me.

DEFINING WISDOM

*wis•dom /wɪzdəm/ noun

- The body of knowledge and principles that develop within a specified society or period.

– Oxford Language Dictionary

Wisdom has been defined by many and in many ways. Now, even I, shall attempt this self-defining feat the way I understand it.

Wise: A display of knowledge, experience or good judgment.

Dom: Head. A state of being, attitude, rank, position or domain.

Wis×Dom – Consisting of two words, *wise* and *dome*, which is fitting since wisdom corresponds with the second number in the Supreme Mathematics. The key here is the number 2 because after knowledge, which is #1 or 1st, comes wisdom which is #2 or 2nd. So, first comes knowledge, then wisdom, or at least the potential for wisdom.

For instance, I knew a man who possessed and could regurgitate a wealth of knowledge, but hadn't acquired the jewels of wisdom. Meaning, that this poor man, although affluent in knowledge, wouldn't or couldn't put it to work in his own life.

Wisdom requires action, contemplation, or expression. It consists of sound judgment or action in the course of gaining understanding.

Simply put—wisdom is the good *use* or *display* of knowledge.



Ananse Ntontan ~ Wisdom and Creativity
Adinkra Symbol

The Narrator

Pardon Reader,

I'm the narrator of this book—used to elaborate and will interject from time to time. I've taken this job as a guide for you and to see that Elijah stays on course. After all, he is an artist. As an artist and visionary, it is likely that he will say words you may not understand and lead you to places that you've never been. My job is to keep you safe and informed.

Please keep all hands inside the vehicle at all times.

Why don't we drive right into the first chapter?

CHAPTER 1

Birth of EliJah

The story of his birth is a miraculous one, but let's begin a few years before he was actually born.

My story begins early during the 1970s on the island of my father's people; St. Thomas, United States Virgin Islands.

A beautiful, sophisticated, and divorced young-looking lady had been recovering from a severe and traumatic event. With her faith fortified and her wit sharpened, she was stronger than ever and determined to do better by God and her children.

Years later, Lucy wakes up bruised, but feeling proud that she had survived another life-threatening ordeal. While walking home from work on a cool breezy afternoon, in January or February, she was struck by a slow-moving vehicle that, in her mind, was trying to kill me. Yes, this Northern girl |

Northern — being that she wasn't native to the island, but from mainland USA.

I was about 5 months pregnant and refused to go to the hospital for fear that her unborn child would be sacrificed.

A short while after, in Old San Juan, Puerto Rico, she finds herself waking up in a hospital bed, feeling safe, but again frightened. Safe because she had planned to be there at the time of delivery. Frightened because of an intense haloed-light entering her distended womb. A force so glorious that she was afraid for our lives.

In panic and prayer, she screamed “What is this, Father God?” while feeling the penetration upon the base of her abdomen. Just then, a powerful, but reassuring voice informed her with the message: “**This is EliJah.**”

That birth day, in May, would be the beginning of his journey—again so it seems—upon the Earth.

MY PHILOSOPHY

You can always trust GUS.

*Pay closer attention to a woman's instincts;
they may just save your life.*

*Honor your parents...
You never know what they went through
to get you here.*

CHAPTER 2

Bloody Nose and Johnnycake

My earliest recall, so far, is the scent of fresh baked goodness, just before dawn, while walking to preschool with my older sister Nett. Nett was about 12 and we three boys, the youngest of the bunch, were about 3 or 4 years old.

It's late 1970s and the air is salty, breezy, and light in the downtown district of St. Thomas. The sky is a chilly-blue with pale-orange at the polar. Excited birds fill the air with songs as church bells ring. The four of us in white tops and uniformed bottoms pressing on while holding hands toward the source of that alluring aroma. The old bakery. It always has a few adults standing around, waiting their turn to be served just before work. Mom used to say that they were charging up the *grape vine*.

"Maybe we'll have time to get an icee (what we called Italian ice) too," I yell out. "Good idea," the crew chimes in collectively.

The reminiscences take me back to feeling the heat of two fresh-hot johnnycakes |

Johnnycake, also known as journey cake, johnny bread, hoecake, Shawnee cake or spider cornbread, is a cornmeal flatbread, a type of batter bread. An early American staple food, it is prepared on the Atlantic coast from Newfoundland to Jamaica. The food originates from the indigenous people of North America.

-Wikipedia

| in one hand and the needling cold of the icee in the other – just before school.

“You punks better keep your shirts clean, or else.”

“Or else what?”

“You’ll see,” Nett replies.

BEST DAY EVER!

Until, my favorite pastime (nose picking), turns into a fountain of red all over my shirt. I’m thinking, *Nett’s gonna be mad when she gets outta school and picks us up.* As usual my twin brothers found another reason to laugh at me; now all the kids are cracking up and making jokes. The blood won’t stop gushing all over the front of

my shirt. All of the other kids are outside playing in recess, but not 'Bloody-Bly' as the twins nicknamed me. I'm inside with a large wad of tissue stuck up my right nostril and shirtless.

Good thing that I fell asleep and was able to avoid overly-anticipating the disappointed-big-sister-gazes and head-shaking. Instead, woke up in her arms while carrying me home. She was always the coolest.

MY PHILOSOPHY

*Too much of any good thing,
can be a bad thing or leave you shirtless.*

Never panic over things that may never happen.

*When at your wit's end ...
take a knee or a nap and
expect the best-case scenario upon waking.*

*Thank God that preschool nicknames
don't last forever.*

About the Author

EliJah Blyden Sr. is a man of peace and spirituality. Claiming not one religion, but taking the best of the teaching from them all. He is a disciple of the Universe, a student and steward of humanity, an artist by nature and publisher by profession.



Eli, as some call him, is the product of the romance between a brilliantly beautiful American girl and a charismatic West Indian GI. Born in the US Virgin Islands and raised in St. Thomas and the States. He's weathered the harsh Caribbean hurricanes and ran the rough streets of New Jersey – where he discovered the love for graffiti, fine art and charity. Mr. Blyden really enjoyed traveling back and forth from the paradisaical beaches to the tempering concrete jungles. Thus, he has the heart of a whale and the skin of gator.

Mr. Blyden's heart is with the people and has an ear directed to the Source of Creation. He uses art and emotional intelligence to stimulate the growth and refinement of our species.



www.EliJahBlyden.com